

The CONNECTOR

Jim Yoe
Jr. Warden

Karen Timmons
Editor



The Rev. Nathan Beall, Rector
The Rev. Skip Steiner, Adjunct Clergy
Beth Lanier, Minister of Music

MARCH 2021

Abscission

I came across this word the other day and I was fascinated by how its application to trees and plants actually applies to all of us as human beings as well. The process of abscission is a vital event in the life cycle of a plant or tree, involving multiple changes in cell structure, metabolism and gene expression. Basically the leaves, fruit and flowers fall off and the plant or tree remains dormant for a period of time until it blooms again in spring. Before the leaves fall off, the trees reabsorb valuable nutrients from their leaves and store them for use in their roots, which allows the plants and trees to survive the cold, dry weather. Hanging on to dead leaves only strains the core and uses up nutrients needed for survival. The roots, however, remain strong and in tact. It is a process that is essential for survival and growth. Sometimes the process is natural and other times it is affected by

environmental and unnatural intervention. However it happens, the plants and trees adapt, live, and thrive.

As human beings we are similar to plants and trees in that we undergo a type of abscission several times throughout our life. We also have the ability to shed what holds us back or holds us down, but at the same time retain from our past experiences and losses that which is necessary for survival and for moving on. Over half a million people have died in the United States from COVID-19. That's almost unimaginable and if someone had said a year ago that we would suffer this unthinkable loss we would not have believed it. Suffering, chaos, anxiety and yes, loss has affected everyone. People have not only lost people; loved ones, friends, acquaintances and even those we didn't know, but so many have also lost jobs, businesses, income, and homes, as well as education opportunities, life experiences and comforting human contact; the hug, the handshake and the smile. Somehow, though, we have managed to adapt and go on. We still have our roots. Spring is coming.

The title of the M.A.S.H. episode where Colonel Henry Blake dies is "Abyssinia, Henry," a skewed version of "I'll be seeing you..." but with a tiny stretch it could be an application of abscission as Henry is cut off from the main body of the cast. The cast / show suffers a loss, but goes on to be as strong or even stronger with new growth, still retaining the memory of the departed character.

While so much has changed for us, there is still so much that remains the same. People if nothing else are resilient. But still there has been some violent shedding / cutting over the last year that we all have experienced. Some changes are not so difficult like zooming

instead of actually having to go somewhere for a meeting. Others have been very difficult like adjusting to being home alone or constantly being with immediate family and cut off from extended family and friends or doing without so many things that we are used to having. It's obvious that we are never going to be the same as before and a new normal will have to emerge. Some remnants of the past will carry forward, but a new way of living and doing is something we will have to learn to accept and in so doing, thrive. There have been things that have been lost and scars that may take a long time to heal from this past year, but spring is coming.

We have changed in some ways, but in other ways we are still the same, rooted in a foundation that may be scratched, but is still solid. This groundedness will carry us into a new spring. God willing and with God's help, it will give us the hope we need to move forward regardless of what we knowingly or unknowingly have to face. God and hope will carry us through the challenges and good times ahead.

Blessings,

Joan Shisler, Senior Warden

Thoughts From The Rector

Lent

This month is women's history month, and I plan to honor that by reflecting on some prominent and timely female saints in the weekly newsletters this month. But the whole of March this year also falls within the season of Lent, so for our monthly Connector, I would like to restate part of my homily from Ash Wednesday regarding the three great disciplines of Lent outlined by Christ himself in Matthew 6: "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven."

Alms-giving

So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

There is a way of giving alms, Jesus seems to say, that makes it all about ourselves. There is a manner of service that comes from a desire for recognition by others, but on a subtler level, there is a manner of service that comes from a desire for recognition by ourselves. There is nothing wrong with feeling good about what we do for others, but it can do harm if it becomes more about us than about them. So, Jesus says, hide your righteousness from yourself. This Lent, find a way to give to others that no one knows about- not even you.

Prayer

And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

This is the central act of Christian life, and so it forms the center of Jesus' discourse here- but again, there is a right and wrong way to do it. Just as alms-giving can become an act of pride and recognition, so prayer can become about the desire to be seen as holy and pious. But Jesus says to pray so that we cannot be seen at all. This means both to move to a physically unseen place to protect us from motivations of pride, but it also reflects the spiritually hidden nature of prayer itself. Some dimensions of the life of prayer cannot be expressed in words. Prayer includes, but is not limited to, conversation with God. It ultimately leads to hidden, unseen and inexpressible communion with the Father. It makes our lives "hidden with Christ in God." (Colossians 3:3) Thus, the Father rewards us "in secret:" in a way that no one else can see.

Fasting

"And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

This is the most neglected gift of Christian life today. As with almsgiving and prayer, Jesus does not say "if," he says "when." Fasting is not an optional aspect of Christian life. It looks different for everyone, and there is a right and wrong way to do it. If you work at a

construction site all day, giving up food may be a bad idea for you. But there is something for each one of us that we can do without in order to receive better things from God. There is something we can let go of to make more space for Him in our lives. You might give up one meal a day on Fridays or more days in Lent, you might give up one thing you desire that will remind you to pray when you remember it, you might give up some form of social media to rediscover communication with God or your family. Fasting is about giving up lesser goods to receive greater goods, and I cannot think of a better form of resistance to consumerism.

Treasures in heaven

Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

Lent is ultimately about a revolution in our values. By redistributing our time, money, and efforts into practices that lead us close to God, we recognize a little more that inner revolution that prepares us for outward transformation. This is what we call “repentance:” turning away from what corrupts us, and turning toward what gives us life. I hope that each one of us can find one or more of these disciplines to aid us in that process. Please feel free to reach out to me, or someone you trust in our church, to discuss how to do that. Together, we can move through this season in the wilderness to the time of Resurrection.

Peace,

Nathan+



Resuming Indoor Worship Services
In Smith Hall at limited capacity beginning
Sunday, March 7, 2021

As we continue to monitor the Governor of Maryland, the Calvert County Health Department and Bishop Sutton's directives pertaining to COVID-19 we have decided to resume indoor worship in Smith Hall at 8:30 am and 11:00 am. RESERVATIONS for both services must be made by Friday at 5 pm for the next Sunday service. Call the office - 410-326-4948 or email office@middlehamandstpeters.org to make a reservation. Capacity for both services is 40 people. Social distancing and mask wearing will be mandatory.

The healing service on Wednesdays in St. Peter's Chapel at 9:00 am will also resume beginning Wednesday March 10, 2021. Capacity is 15 people. Social distancing and mask wearing will be mandatory.

We will continue to live stream one Sunday morning Eucharist service at 8:30am from Smith Hall. This can be seen live on Facebook and later on YouTube.

Youth and Children's Sunday activities at 10am will continue as they have been. Contact Anne Hayes for further information.

mspyouthleader@middlehamandstpeters.org 443-624-6969

We remind you that if you are sick, feverish or coughing and sneezing for any reason, please stay home. It is important for everyone attending the onsite services to feel comfortable and secure in the knowledge that their fellow parishioners are being mindful of everyone's health concerns. Masks are still mandatory and temperatures will be taken upon arrival.

Thank you for helping us to keep everyone safe and health.

Joan Shisler, Senior Warden

Jim Yoe, Junior Warden

Rev. Nathan A. Beall, Rector

**Rev. Nathan Beall
Rector
301-704-2320
Fr.Nathan.Beall@middlehamandstpeters.org**

**Joan Shisler
Senior Warden
410-474-4849
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**Jim Yoe
Junior Warden
443-975-6797
jmyoe@comcast.net**

**Anne Gross
410-326-4948
office@middlehamandstpeters.org
grossanne@comcast.net**

SAFETY RULES FOR INSIDE SERVICE

1. Masks are required to be worn by everyone at all times.
2. There will be ushers directing seating. Please do not move the chairs.
3. Singing will be limited ONLY to Beth Lanier at the keyboard.
4. Communion (wafers only administered by tongs) will be offered as directed by ushers.
5. No coffee hour / food / drink will be offered.
6. Bathrooms will be available upon request but must be sanitized by user with cleaning supplies provided prior to exiting.
7. A paper and online Service Bulletin will be available.
8. Non-contact temperature taking measures will be administered to onsite participants upon entering.
9. When the service is over please exit the building immediately as directed by the ushers.
10. Fellowship / small group gathering will be at the discretion of participants maintaining social distancing outside after the service.
11. PLEASE STAY HOME IF YOU ARE NOT COMFORTABLE VENTURING OUT JUST YET (online services are still available, and the 8:30 am service will continue to be live-streamed) OR ESPECIALLY IF YOU ARE SICK.

Please note : EACH WEEK prior to Sunday you will need to call the office – 410-326-4948 to make a reservation to attend either the 8:30 am or the 11:00 am service. This will allow us to prepare the space with chairs set up at a safe distance and determine who and how many will be attending each service. We will limit the attendance to 35 people for each service at this time. (The space will be sanitized between services).

PALM SUNDAY

MARCH 28, 2021

8:30 AM & 11:00 AM INDOOR SERVICES

RESERVATIONS REQUIRED

SMITH HALL

STREAMING LIVE @ 8:30 AM

Middleham and St. Peter's Episcopal Church
10210 HG Trueman RD Lusby, MD 20657



Black Men in White Coats

AN AUME MOTION ARTS FILM

A new documentary from Dr. Dale Okorodudu about the systemic barriers preventing black men from becoming medical doctors.



Watch the Film

FEBRUARY 26 - MARCH 2

Join the Discussion

THURSDAY, MARCH 4

7 - 8:30 P.M.

Join moderator Kelsey Bush, Interim Chief Diversity Officer at St. Mary's College of Maryland, as he discusses the documentary 'Black Men in White Coats' with special guests Dr. Emmanuel Atiemo, MD (Orthopedics and Sports Medicine) and Dr. Chile Ahaghotu, MD, MBA, MHL, FACS (Vice President Medical Affairs and Chief Medical Officer at Medstar Southern Maryland Hospital Center).

Get a link for the film and register for the discussion on
www.stmalib.org



CHARLES COUNTY
PUBLIC LIBRARY



REGISTRATION FOR DISCUSSION - WWW.STMALIB.ORG



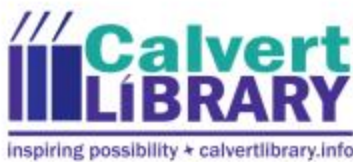
Advocating for Our Loved Ones and Ourselves

Zoom Presentation
plus Q&A/Discussion

Saturday, March 13
10am to noon

Register @ <http://bit.ly/AdvocatingforLovedOnes>

Join Loretta Woodward Veney, healthcare advocate expert, as she speaks about the following topics: what it means to be an advocate, best practices for advocating for others and ourselves, seeking and finding the help you need, preparing for medical appointments, planning for emergencies, what to do when things go wrong, and defining the role of an Ombudsman.



This event is presented by Calvert Library in partnership with:



CHARLES COUNTY
PUBLIC LIBRARY

★ ST. MARY'S COUNTY
library



Montgomery County
PUBLIC LIBRARY

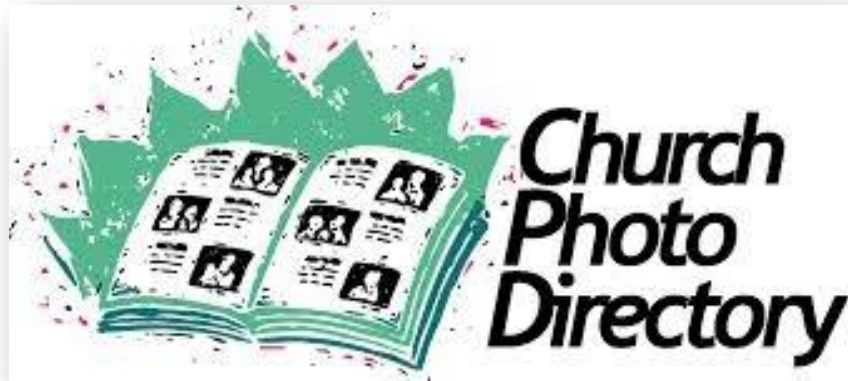
The
Ruth Enlow Library
of GARRETT COUNTY



REGISTRATION <https://calvertlibrary.libnet.info/event/4806944>

2021 Pancake Supper and Ash Wednesday





**New 2021 Middleham and St. Peter's
Parish Directory Available for Parishioners**

To request a PDF version of the MSP Directory, send an email to daviesd@comcast.net. The digital directory will be emailed to you.

The directory is for parishioner use only.

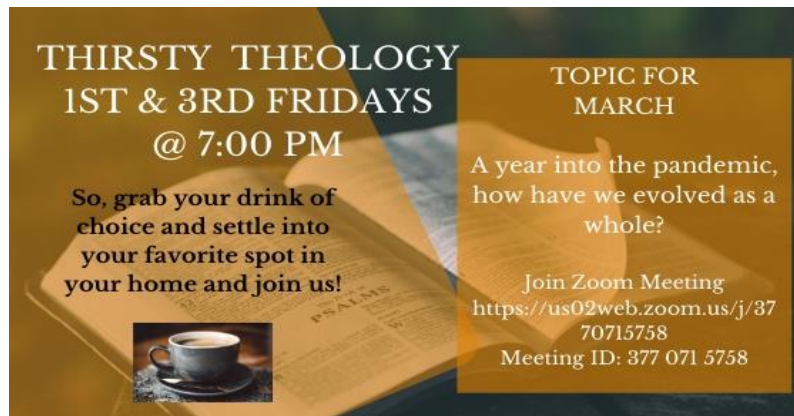
We will keep a list of those who request the directory and periodically you will automatically receive an updated version.

If you are not listed in the directory and wish to be added or have corrections, the information should be sent to daviesd@comcast.net .

CHRISTIAN FORMATION

It's always exciting to be able to provide an update on not only what we have been up to, but that we what we look forward to do in the next few weeks. February brought us many weather related Sunday's off, but we still we bless to do the Asbury Valentine's, assist in the pancake supper, and have two guests join us to discuss their ministries and callings. In March, the older youth will continue through Lent with a new curriculum called T.B.D, focusing on Prayer.

The younger children have been having their own service at 10am on Sunday mornings, that are held outdoors whenever the weather cooperates with us. We will continue to meet in that set up, but we would like to see this service take the shape of a "family" service, encompassing the atmosphere of the middle service from pre-pandemic. The service itself is shorter and the lessons, music and prayers are aimed to be understood by all walks of life from the young to the old. At this point in time it will not be a Eucharistic service, and we will maintain social distancing and be outside whenever possible. So, if you have missed the sounds of children, especially the sounds of playing and laughing, I highly encourage you to visit with us at 10am on Sunday Mornings.



We continue to meet on the first and third Friday of the month via zoom. In March we will explore: **A year into the pandemic, how have we evolved as a whole?**

Just about a year ago we had to start changing things that we took for granted, and not just the big things like going out to work, school and activities, but the little things, as well. We no longer can hug someone after not seeing them for a while, we can smile as we pass by people at the store but they cannot feel it, we no longer just “swing by” for visits to friends and neighbors, and even the simplest homemade items are now met with apprehension. So, how have we evolved? A year ago, most of us had never heard of Zoom or Teams, and now that is the primary way that many of us are going to work, meetings, school, and even keeping in touch with families. For some generations, they have brought back the good old fashion phone call, we have seen neighbors leaving notes in their windows to bring joy to other neighbors. Through March, I would love to hear some of the other wonderful evolutions that have taken place, when our old normal had to change, what are some things that have happened to still show joy, love and support in a different way?

If you ever have any questions, or you would like to hear more about any of the information above, you can reach me at 443-624-6959.

mspyouthleader@middlehamandstpeters.org

Submitted by Anne Hayes for Christian Formation

Join Zoom Meeting

<https://us02web.zoom.us/j/3770715758>

Meeting ID: 377 071 5758

One tap mobile+13017158592, 3770715758# US (Germantown)

+13126266799, 3770715758# US (Chicago)



Coffee and Conversation at Asbury

Come Join Us! By Zoom on Friday MARCH 19TH at 10:00 am

We will send you the study materials and zoom instructions the week before the meeting. Program leaders Dr. Charles Bennett, Claude Martin and Hugh Davies want you to know that, while our program has a foundation of Bible study (the Reading Between the Lines curriculum), our focus is on the discussion.

Call Hugh if you have questions at 410-326-0370.

daviesh@comcast.net

Hugh Davies, Charles Bennett and Claude Martin

⊕ LIVING COMPASS

Living Well Through Lent 2021



*Listening With All Your Heart,
Soul, Strength, and Mind*

A Living Compass Seasonal Resource

A COPY OF LIVING WELL THROUGH LENT IS AVAILABLE ON OUR WEBSITE, IN ADDITION IN THE WEEKLY EMAIL .

<http://www.middlehamandstpeters.org/resources/>



The **Caring Network** is continuing to call parishioners on a weekly basis. If you are not receiving a phone call, please contact Diane Davies. 410-326-0370 daviesd@comcast.net

If you or someone you know should be on our prayer list please send it to office@middlehamandstpeters.org or daviesd@comcast.net

If you are having trouble accessing or logging on to view online worship opportunities, logging into zoom etc., please let us know and we will help you. Call Jim Yoe - 443-975-6797

If you have any questions, concerns or pastoral needs, please let us know. Thank you for your patience and stay healthy!

Joan Shisler

Senior Warden

410-474-4849

jrbstiger@comcast.net

Jim Yoe

Junior Warden

443-975-6797

jmyoe@comcast.net

The Reverend Nathan A. Beall

Rector

301-704-2320

fr.nathan.beall@middlehamandstpeters.org

Anne Gross

410-610-2706

grossanne@comcast.net

office@middlehamandstpeters.org

Lay Pastoral Visitors Group

All of us in the Lay Pastoral Visitors Group are looking forward to the time when we can again visit people in person. In the meantime if you need pastoral care please contact office@middlehamandstpeters.org or 410-326-4948.

Pastoral care

**To be there in times of sickness and in joy,
in sorrow or celebration, in crisis or transition.**

To pray.

To listen.

To share.



MSP PRAYER LIST



Eleanor Fearn

Becky Dingle

Mark Dingle

Jimi Stanton

Mary Ellen Elwell

Dorothy Swan

Joyce Barony

Alicia Felix

Dick Hu

Sue Hu

Susan Mattingly

Craig Garland

Gilbert Hengst

Kathy Hogan

Jay Hogan

Benny Horseman

Russ Horton

Ray

Linda

Marjorie Caya

Catherine and John+ Howanstone

Bonnie Tolson

Jaycie Dale

Paul and Sandy Fuller

The Fuller Family

Lisa Greenlee

Stanley Buckler

Phil Lemkau

Grace Korn

Colleen Davies

Maryellen Kalivoda

Vivian Kilsheimer

Mary Heflebower

Susie Wheely

George Buckler

Bill Gallagher

Jimmy Holesapple

Susie Cook

Lisa Ritter

Larry Maddox

Emily Kenner

Melissa Kenner

Shelly Thomas

Betty Anne Chaney

John and Jackie Kalinoski

Joy Walters

Martha Bliss

Stephanie Riddle

Cindy Henning

Joan Buckler



Departed List

Dan Heflebower

Louis (Jack) C. Buck, Jr.

Freeda Stallings

James Hogan

Andy Hall

Vicki Hall

Virginia "Dina" Louise Binger



**PRAYERS FOR THOSE THAT DIED DUE TO
COVID-19, AND THOSE SUFFERING LOSS.**

MSP MILITARY PRAYER LIST



Chris Parkinson
James Butler
Michael Taxiera
Matthew Blackwelder
Ryan Dement
Lisa Tomlinson
Brandon Marshall
RJ Brinegar
Trey Fisher
Joseph Entzian
Isiah Jefferson
David Schul
Austin Cole
Thomas Parks
Wendy L. Love
David Thomas
Perry Peebles

Bruce Ussery
Adam Smith
Calvin Davies
Jaret Dement
David Tonacci
Renaldo Ramirez
Michael Ursic
Miles Manchester
TJ Dillon
Mason Garland
Andrew Terhark
Karl Townsend
Travis Park
Austin Libby Garrett Libby
Alex Simmons
Chelsea Whealton
Andrew Kalinoski
Justin Forrest



Mental Health and COVID-19 by Deb Cole for Health Ministry

We see and experience the effects of COVID-19 in so many ways. The vaccines are out and now being distributed. According to the Maryland Department of Health there are over 300,000 confirmed cases in our state.

COVID-19 is also having an impact on mental health. Self isolation, grief, financial problems, job loss, are just a few of the issues that can cause, stress, anxiety, and

depression. Understanding what to do is crucial. First contact your medical provider with any concerns for yourself.

Are you experiencing any of the following?

- Fear, anger, sadness, worry, frustration
- Change in appetite, energy, or interests
- Difficulty concentration
- Difficulty sleeping
- Physical symptoms, headaches, body pain, hives, rashes
- Worsening of mental health conditions
- Increased use tobacco, alcohol, or other substances

It is a natural response to feel stress, grief, anxiety and worry during the pandemic. Learning how to manage that stress is very important for ourselves and family and loved ones and the community as a whole.

So how can we learn to cope during these stressful times? Here are some suggestions.

- Limit watching, reading or listening to news stories
- Take care of your body-eat healthy, exercise, get enough sleep, avoid excessive use of alcohol, tobacco, and other substances
- Continue visits to your doctor in person or tele visit.
- Do an activity you enjoy
- Connect with others by phone, text, letters and cards
- Connect with your church or other organization

Helping others?

- Stay in touch by phone, video chat, cards and notes
- Be aware of any concerns they may verbalize
- Be encouraging

Mental health crisis, get immediate help?

- Call 911
- Talk with your health care provider if stress has impacted your daily activities
- Domestic Abuse-410-535-1121
- National Suicide Prevention 1-800-273-8255
- Calvert County Behavioral Health, Rapid Response-877-467-5628

Middleham and St. Peter's Episcopal Church is here for support and help during the COVID-19 pandemic. Please call with concerns that we may be able to help with.

We are providing food to those in need on a monthly schedule at this time. Also drivers are needed to assist with the distribution of food and can be a great reason to get out of the house and be of service to others.

Make time to stay connected with your church community and seek other ways to be of service. Take time to read your Bible and be guided by his holy words of peace. Cast all your anxiety on him because he cares for you.

1 Peter 5:7



The COVID-19 vaccine pre-registration call center operates Monday through Friday, 7 a.m. to 7 p.m., but the online pre-registration portal at www.CalvertCountyMd.gov/Vaccine is available 24 hours a day, seven days a week!

Virtual Program Series

Feb. 22, 2021 6:30 - 8 PM
 Mar. 1, 2020 6:30 - 8 PM
 Mar. 8, 2020 6:30 - 8 PM
 Mar. 15, 2020 6:30 - 8 PM

Reunion in June!

Contact Us

For more information:

Mona Habibi Erin Jewell
 301-590-2811 301-475-4485
 mhabibi@umd.edu erinj@umd.edu

For registration:

https://go.umd.edu/DWD2021_CentralandSouthern



UNIVERSITY OF
 MARYLAND
 EXTENSION



University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.



The program is led by Registered Dietitians and trained University of Maryland Extension Educators in consultation with Registered Dietitians.

Mona Habibi, PhD
 Family & Consumer Sciences Educator
 Montgomery, Frederick, and Howard Counties

Erin Jewell, MS, RDN, LDN
 Family & Consumer Sciences Educator
 Calvert, Charles, and St. Mary's Counties

Out in the Cold- Just another day in the Homeless

Several years ago, I was asked to participate in the P.I.T. count- Point In Time count of the homeless in Calvert County. Initially it was quite easy- give out blankets, sleeping bags, etc. to those sent into the Parish Hall by other members that would find the folks and send them over. We had a variety of questions to ask and then they would go to SMILE and get some food, etc. Then about 3 years ago I was asked to participate in the PIT count by sitting at SMILE, or the Southern Library-again to ask questions and hand out supplies. Last year I realized that the homeless do not necessarily come to you and no one was currently going out to find them- So, I asked if I could find them. By talking to several agencies and the law enforcement agency, I was able to go out and find encampments. I was placed on the Homeless Services Board of Calvert County. For those you are unfamiliar with this team, we have the: Community Ministry of Calvert County, Calvert County Community Resources Department, Community Outreach Ministry, Calvert County Core Services Agency, Calvert County Department of Social Services, Calvert County Health Department, Calvert County Public Schools, Calvert County Sheriff's Department, Community Life Center, Calvert Family Advocates, Calvert Library, Catholic Charities' Parish Partners, Community Ministry of Calvert County, Housing Authority of Calvert County, Lifestyles of Maryland, Inc., Oxford House, Project ECHO Shelter, Safe Harbor Shelter, Safe Nights of Calvert County, Service Makes Individual Lives Exciting (SMILE), Southern Maryland Community Network, Southern Maryland Tri-County Community Action Committee.

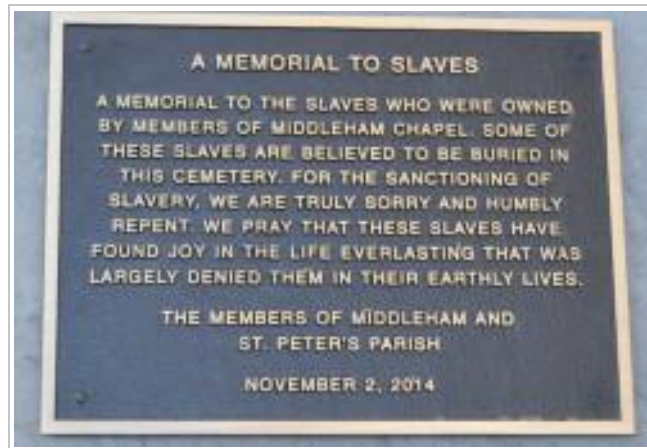
This is a dynamic group, and we all are trying to help those in need. This is my second year going out and finding camps. Many are the same location as we found last year. Mostly with different people, but a few are still there. Luckily, some are in SAFE NIGHTS or Project ECHO. This year we were able to get a young couple into ECHO. The camps are there, no matter that you cannot see them. The people are out in the cold for many different reasons, but we are trying to help. This year Fr. Nathan and Jim went along. Included are some of the pictures from this year's finding.

Article and pictures submitted by Dale Yoe



Homemade shower

Remembering our History during Black History Month



Middleham and St. Peter's is a parish committed to social justice, helping our less fortunate neighbors both locally and globally and addressing racism through the Big Conversation and other means. In 2014 we joined Bishop Sutton in exploring our history with slavery through the Trail of Souls. We cannot truly repent, as the cemetery memorial above expresses, without understanding and acknowledging our history.

Take some time this month to read over and ponder that [history Trail of Souls Project | Middleham and St. Peter's Parish](#).

Did you know that in 1860, 24 Middleham Chapel parishioners owned 461 slaves? To the immediate north of the chapel Basil Dixon's large plantation had 60 slaves.

Watch the Youtube video that tells our story at [Trail of Souls - YouTube](#)

Read the amazing story of Isaac Brown [at 0e4716292 1449286693 continuing-on-the-trail-of-souls.pdf \(rackcdn.com\)](#). Brown was wrongfully accused of attempted murder by parishioner Alexander Somervell (yes – he and his wife are memorialized in the stained-glass window behind the altar.) Brown escaped to Canada and became a doctor.

We thank the committee that created our Trail of Souls: Hugh Davies, Diane Davies, Rev. David Deaderick, Anne Gross, Tony Rivers, Judy Seymour, Evan Shisler, Rev. David Showers, Louise Smith, and Dale Yoe.

Their intent in sharing this history is to:

- More fully inform ourselves and the broader community about the extent and nature of slavery in Calvert County and at Middleham Chapel,
- Acknowledge the contributions of those slaves, and
- Express our contrition for the impact of slavery on our fellow human beings.

Submitted by Hugh Davies



I AM

A NEW SUPPORT GROUP FOR
LGBTQ+ COMMUNITY

PRESENTED BY THE CALVERT RAINBOW ALLIANCE
AND THE LOCAL BEHAVIORAL HEALTH AUTHORITY

For sign-on information, contact
(1-800) 765-4287 or
info@calvertrainbowalliance.org

Every 4th Tuesday of
the month at
6:30pm

Virtual Meeting due to pandemic



INFO@CALVERTRAINBOWALLIANCE.ORG

OUTREACH AT MSP

A big thank you to all who helped with Safe Nights this year. Working with St. Paul's Methodist and Our Lady Star of the Sea Catholic Church went smoothly and even though there was some snowy and icy weather all went well. Special thanks to people who donated meals- Bonnie Tolson and Dale Yoe who supplied breakfasts, and the MSP Shrove Tuesday pancake makers and the Steiners for dinners. Overnight duty was done by Karl Garland, Betty Eble, Nathan and Hee Beall, and Carolyn Steiner. This is a ministry that is truly needed and appreciated by the people who need shelter.

Thanks also to Debbie Cole and Carolyn Steiner who provided the Echo House Meal for February. The dinner consisted of pork chops, real mashed potatoes, broccoli, and carrot sticks. Dessert was a fruit cobbler. We still need volunteers for the rest of the months this year. Our day to provide the meal is the 4th Monday of each month. If interested in providing a meal for Echo House please call the church office and reserve a date with Anne.

Call me if any questions.

Thanks, Carolyn

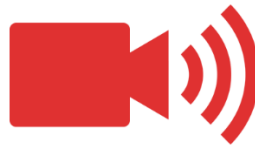
ECHO Dinners

The fourth Monday of the every month members of the church make dinner for the residents of Echo House. This is a greatly appreciated outreach that provides a dinner for people in transition who need a safe place to live as they work being able to support themselves.

We need volunteers to sign up for 2021. There are funds available provided by an Endowment Grant to help cover your costs. You can team up with someone to make a dinner. Contact Anne Gross to volunteer to provide a dinner. 410-326-4948. office@middlehamandstpeters.org

Submitted by Carolyn Steiner, Outreach Chair

**LIVESTREAM
WORSHIP**



We are also looking for more tech people for the live stream, we had two more youth interested and I am very thankful for their help. I will pass those names along to Jim Yoe so that we can work on "training" them (If I'm being completely honest, the bulk of the work is handled by the software. It can sound very technical, but the huge majority is making sure the stream is still running, and that the camera is pointed in the right place).

For information contact Jim Yoe - jmyoe@comcast.net

IN-REACH OPPORTUNITIES



We are continuing with our in-reach mission opportunities where we will be helping parishioners with home repairs. If you would like to volunteer or would like more information

please contact...

Jim Yoe 443-975-6797

jmyoe@comcast.net

FOOD DISTRIBUTION FEBRUARY 23, 2021

THANK YOU TO ALL THE VOLUNTEERS FOR THEIR ASSISTANCE

These are the stats from our Food Drop Tuesday, February 23rd; 345 families served which included 1,420 individuals, 766 children, 482 adults, 172 seniors. Total of approx. 8,000 lbs. of food was distributed which included 360 MD Food Bank packaged produced boxes.

Thanks, sent out to many who helped with Tuesday's Food Drop, including volunteers from SMILE Food Pantry, SouthPoint Church, Seven-day Adventist Church, and Calvert United Way.

Below is a photo of unintended recipient helping itself to delivered food.

Thank you,

Mark Pesola, Food Drop Coordinator

mark_pesola@hotmail.com

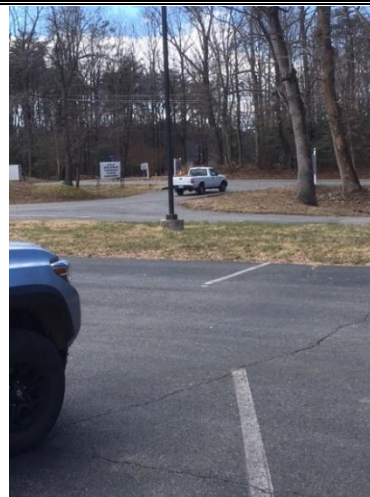


Food boxes were delivered by the Maryland Food Bank. We had less arrive this month than anticipated.



The food boxes were augmented by a large amount of bread that had been donated to SMILE.





Father Nathan and Hee head out for another delivery run.

Food Drop Delivery Driver Opportunity- Safely Help Others



We need volunteers to deliver Food provided by Maryland Food Bank to recipient homes. No-contact food pick-up at church, food is dropped off outside of recipient homes to avoid contact, routes include up to 5 closely grouped

addresses in SMILE service area. If interested and would like more detail or are ready to sign up as a driver.

Next distribution is Tuesday FEBRUARY 23rd.

For safety and coordination efforts please contact Mark Pesola in order to volunteer, do not arrive without checking in first, thank you.

Please contact Mark Pesola at mark_pesola@hotmail.com OR 410-610-8495

Webinar Opportunities

Middleham and St. Peter's is a member of the Consortium of Endowed Episcopal Parishes (CEEP), which is a national organization that provides training and education for Episcopal and other churches. During the period of the pandemic, they have offered excellent webinar programs that may be of interest to many of you. Try one or more that interest you!

CHECKOUT MORE UPCOMING EVENTS

<https://www.ceepnetwork.org/upcoming-webinars/>

Subject: Theology

The Gospel in the Wilderness: Tips for Pandemic Preaching

Thursday, March 18

3:00pm EST

It's a challenging time to proclaim the Word, and yet the Gospel has never seemed more relevant or hearts so open to receive it. Join four of the Anglican world's most gifted preachers for a conversation about what they have learned about the ministry of preaching during the pandemic. We'll talk about strategies for engaging congregations, themes that are especially compelling, ideas for Holy Week and Easter preaching, and much more. This panel discussion is sponsored by The Living Word, a lectionary preaching resource published by the Living Church Foundation. The conversation will be moderated by the Rev. Mark Michael, editor of The Living Word.

Panelists include:

Julia Gatta, Bishop Frank A. Juhan Professor of Pastoral Theology, School of Theology, the University of the South; Sewanee, Tennessee

Phil Jackson, Priest in Charge, Trinity Church Wall Street; New York, New York

Jacob Smith, Rector, Calvary-Saint George's; New York, New York

Jo Bailey Wells, Bishop of Dorking, Church of England; Bradford, United Kingdom

Please register here: <https://www.eventbrite.com/e/142619746501>



TUNE IN TO THE LIVE STREAMING HOLY EUCHARIST SERVICE ON SUNDAY MORNINGS IF YOU CAN NOT ATTEND IN PERSON @ 8:30 AM ON OUR FACEBOOK PAGE.

[Middleham and St. Peter's FaceBook Page](#)

<https://www.facebook.com/middlehamandstpeters/>

[Middleham and St. Peter's YouTube Channel](#)

<https://www.youtube.com/channel/UCkgSo1YCBue01RuEWhH974g/>



**MORNING PRAYER, FRIDAYS 7am
Middleham and St. Peter's is Collaborating with
Ascension and St. George's**

Start your day, once each week, with Morning Prayer. Friday morning at 7am -
- you're welcome to a brief service of scripture and prayer. On Zoom.

Join Zoom Meeting

<https://us02web.zoom.us/j/86096832378?pwd=VHFIRzNDL2NoWFZYa01lSFFT0URzdz09>

Meeting ID: 860 9683 2378

Passcode: 261730

Dial (301) 715-8592

Meeting ID: 860 9683 2378

Passcode: 261730



NIGHT PRAYER, WEDNESDAYS 7pm
Middleham and St. Peter's is Collaborating with
Ascension and St. George's

Close your day, once each week, with the gift of prayer and Christian community. Night Prayer, also called Compline is on Zoom every Wednesday at 7pm. All are welcome.

Join Zoom Meeting

<https://us02web.zoom.us/j/89741227154?pwd=NZFRWViMGRiTFlUUK1udFBHMEVudz09>

Meeting ID: 897 4122 7154

Passcode: 539618

Dial (301) 715-8592

Meeting ID: 897 4122 7154

Passcode: 539618



SUNDAY STREAMING WORSHIP @ 11:00 AM SERVICE FROM
THE CATHEDRAL OF THE INCARNATION, BALTIMORE.

[LIVE STREAMED from the Cathedral of the Incarnation](#)

<https://marylandepiscopalian.org/2020/03/18/episcopal-diocese-of-maryland-livestreamed-worship/>

EPISCOPAL DIOCESE OF WASHINGTON
ONLINE SERVICES AT THE NATIONAL CATHEDRAL

<https://www.facebook.com/WNCathedral/>



THE EPISCOPAL DIOCESE
OF MARYLAND

Episcopal Diocese of Maryland
At Cathedral of the Incarnation

Every Tuesday Live on Facebook Noon Day Prayer

<https://www.facebook.com/EpiscopalMaryland/>



Please remember during this time when Sunday worship at our locations is not possible for you, that you can mail in your weekly pledge if convenient.

**Middleham and St. Peter's Parish
P.O. Box 277
Lusby, MD 20657**



Also we have our online giving option through Vanco.

[Middleham and St. Peter's Online Giving Option Steps](#)



<http://www.middlehamandstpeters.org/resources/>



APRIL CONNECTOR ARTICLE SUBMISSION **DEADLINE IS**
MONDAY MARCH 15TH

Thanks so much, Karen Timmons, Communications
communications@middlehamandstpeters.org





MARCH ANNIVERSARIES

Andy & Sue Connolly	03/03
Mark & Karin Griffin	03/11

MARCH BIRTHDAYS

Dana Davis	03/02
Susan Smith	03/02
Maryellen Kalivoda	03/03
Richard Dale	03/04
Jim Shepherd	03/04
Steven Chapman	03/05
Karl Garland	03/05
Mary Beth Dent	03/06
Karen Timmons	03/07
Joyce Barony	03/07
Liam Magee	03/09
Kay McClellan	03/09
Andrew Truitt	03/09
Jackson Briggs	03/11
Joan Shisler	03/14
Karen Bennett Bianco	03/14
Brenda Hollweger	03/15
Adam Kury	03/16
Dy-Anna Gallagher	03/20
Sarabeth Smith	03/22
Christopher Davies	03/22
John Shields	03/29
Caroline Tonacci	03/29
Danny Chapman	03/30
Margit Miller	03/31

Birthdays and Anniversaries

Each month birthdays and anniversaries of parishioners are listed in the Connector. But our records are not perfect. Even some very long-standing parishioners are not listed. Have you seen your date(s) listed? If not or if you are not sure, please call the office (410-326-4948) to check. We want everyone included!

