Joan Shisler Sr. Warden Parish Office 410-326-4948 www.middlehamandstpeters.org

The **CONNECTOR**

Jim Yoe Jr. Warden

Middleham and St. Peter's Parish

Karen Timmons Editor

The Rev. Nathan Beall, Rector The Rev. Skip Steiner, Adjunct Clergy Beth Lanier, Minister of Music



SEPTEMBER 2020 Tapestry

Most of you on a daily basis don't really pay attention to your life. You plug along, doing this and that, giving little thought to what you are doing, unappreciative of what is really going on. But let's take the time for a moment to think about what really is going on with your life. Let's think of life like a tapestry, being woven by God who has a plan for you that you may or may not be aware of or understand at times, but which ultimately is uniquely yours. While each of you has one life, there are primarily two sides that stand out, the underside and the topside. Like a tapestry, the underside of life has many pieces that intersect to make it whole. All of your experiences and choices blend together to make you who you are, what you do and where you go. You generally only see the knotted ends, frayed edges and haphazard jumbled mess of what God is doing in your life. From this view you may wonder what God is up to. You don't usually question God's plan when good things happen to you, when you're successful or when you are happy for whatever reason. But when things don't go well or you are faced with difficult challenges, loses and catastrophes and when nothing makes sense, it is then that you may lose heart, lose faith and lose hope. When have you struggled to see the big picture of what God is doing? Have there been times when you questioned what God is doing with your life? More often than not you tend to focus on the jumbled side of the tapestry of your life, seeing only the short term; the difficulties, the pain, the disappointments, the ugliness, but also the good, the successes and the blessings. But if you turn the tapestry over and see the astonishing beauty of what God is actually doing with the whole of your life, you realize that though things are not always as they seem, it is the blending of the good and the bad that make you who you are. Has there ever been a time when God has given you a glimpse of the beautiful side of the tapestry of your life, where in an aha moment you are able to see all that you have accomplished and the good that you have done? You don't always see that side, but both sides are always there.

A weaver uses a loom to interlace two kinds of threads, called the warp and the weft. Warp threads are vertical threads that run the length of the textile. They are attached to the loom at the beginning of the weaving process and are held stationary in tension on the frame. The weft threads are those that run horizontal and are drawn through using a shuttle and inserted over-and-under the warp creating the colorful and intricate image of the tapestry outlined on the vertical threads. You really have a partnership with God who has created the picture of your life on the warp threads and you, with your actions, thoughts, attitudes, motives and choices, add the textures and colors in threads that compose the weft. It indicates that no thread of your experiences, good or bad, is wasted and God knows exactly what He is doing.

Could it be that nothing happens by accident, at least with the bigger things in life? I'm pretty sure God doesn't care if you want pizza or Chinese food for dinner. But let's just say that you do decide to have pizza for dinner and you end up getting take out at an Italian restaurant where you "accidentally" cross paths with someone who ultimately becomes the love of your life or who has a job connection or who puts you in touch with someone who knew your mother or who... you get the point. Life is full of these kinds of scenarios. Serendipity? Fate? Faith? God's plan? You might or might not be able to see that God has

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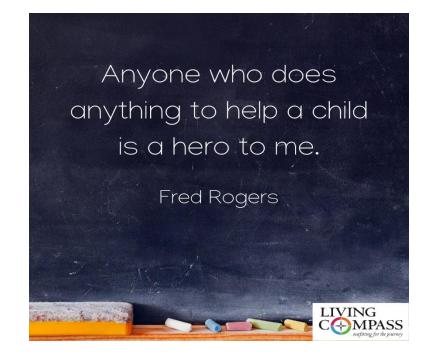
a plan for each of you, but then again... Life is complex and mistakes are inevitable. If things do not go according to the plan, or pattern in the case of a tapestry, a master weaver is someone who can incorporate the mistake into a new masterpiece. Even GPS recalculates and ultimately gets you to your destination. God works with the tangled mess that is the back of your life tapestry and turns it into the magnificent, detailed image of your life on the front.

Let's take the idea of God as master weaver for each of us and take it one step further? Could we suspect that God is not only making a tapestry of each of our lives, but He is using our individual tapestries as an individual thread by which he is joining all of our tapestries together to make a master tapestry of all human life? We know that our lives intersect with the lives of other people on a small scale, but in the grand scheme of things on the largest of scales, could God be weaving our lives together with all others to create a giant tapestry for the world? That's something to think about.

Most of the time you look at life from the backside of the tapestry and what you see is loose threads, tangled knots, a mishmash of color and shades of dark and light. You see the day to day, not the big picture. But occasionally, God gives you a glimpse of the larger design of your life comprised of the contrasts and mixtures of your existence. If you take a moment and pause to reflect on your life, looking back, you can see the front of the tapestry. You can see all that you have achieved so far. You have no real way of predicting or seeing what the future will bring, where your life's path is going or what God has in store for you. Your life is currently an unfinished tapestry. But if your past is any indication, you can see where you have been and move confidently forward with your life, guided by God and performed by you. Make thoughtful choices, be kind, love one another and continue to take one step in front of the other. Even if you stray off course, God is there to get you back on track. Life is good. Your tapestry is beautiful.

Blessings,

Joan Shisler, Senior Warden



Teacher Appreciation

I am blessed to know many educators. They are some of the hardest working, most dedicated, and compassionate people I know. My wife was a teacher for many years, having taught in elementary, middle, and high schools over the years. And so I know first hand about the long hours teachers put in, and how much they give of themselves to help our children grow and learn. A call to be a teacher is truly a vocation, and those who answer that call deserve our utmost appreciation.

All that I wrote above is what I said about the work of teachers *before* the pandemic. Teachers, students, administrators, support staff, and parents are now all facing unimaginable decisions and challenges, as students of all ages try to figure out how to return or head off to school. One teacher friend of mine summed up the experience so far this year with a Facebook post: "I have just finished up my first week back at school. It's been quite a year." And I can't resist sharing another comment I saw this week, "My teacher friends are amazing—they can now do virtually anything."

It is common to express thanks to teachers at the end of the school year. This year, I'm thinking let's not wait until May or June. Let's start expressing our gratitude now, and then keep doing so as everyone navigates a year like no other. Educators are likely to receive more than their share of criticism and frustrations projected on to them this year,

and so a little recognition can go a long way. It takes a village to raise a child, and it takes a village to support those who are on the front lines teaching and nurturing our children as well.

Most of us know someone involved in educating our young people. Let's all take a few minutes this week to reach out to them and let them know how much we recognize and admire all that they are doing.

Below are a few of my favorite quotes about the importance of teachers. Perhaps you will want to share one of them with an educator you know as part of your expression of appreciation.

"Everyone who remembers their own education remembers teachers, not methods and techniques. The teacher is the heart of the educational system."– Sidney Hook

"The duties of a teacher are neither few nor small, but they elevate the mind and give energy to the character."– Dorothea Dix

"Better than a thousand days of diligent study is one day with a great teacher."

- Japanese Proverb

"None of us got where we are solely by pulling ourselves up by our bootstraps. We got here because somebody – a parent, a teacher, an Ivy League crony or a few nuns – bent down and helped us pick up our boots." Thurgood Marshall

"I think the teaching profession contributes more to the future of our society than any other single profession." John Wooden

"One child, one teacher, one book, one pen can change the world." – Malala Yousafzai

"What greater or better gift can we offer the republic than to teach and instruct our youth?" – Marcus T. Cicero

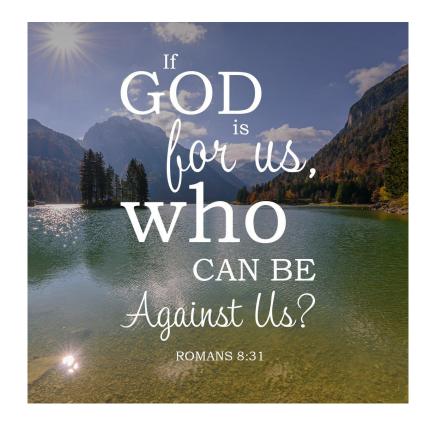
"Teacher appreciation makes the world of education go around." – Helen Peters

AUGUST 21, 2020 The Rev. Dr. D. Scott Stoner

Lay Pastoral Visitors Group

All of us in the Lay Pastoral Visitors Group are looking forward to the time when we can again visit people in person. In the meantime if you need pastoral care please contact office@middlehamandstpeters.org or 410-326-4948.

Pastoral care To be there in times of sickness and in joy, in sorrow or celebration, in crisis or transition. To pray. To listen. To share.





Middleham and St. Peter's Episcopal Parish

Middleham and Saint Peter's EPISCOPAL PARISH The Caring Network

Prayers For All Administrators, Teachers, Parents and Children, Starting Back to School In These Times of Distance Learning.

PRAYER LIST

Lisa Greenlee **Curtis Moore The Spencer Family Dan and Mary Heflebower Dr. Joseph Kapurch Dr. Caitlin Kapurch Nick Lemaster Julie Kapurch** Wenda Yenson June Bessette **Rita Kapurch Penny File Dana King Martha Matthewson Jonathan Seymour** Jenny Magee **Pam Bennett** Julia Ann Majsztrik **Buddy Haas Flo Russell George Buckler Bill Gallagher Dy-Anna Gallagher Larry Greer Brad Thomas Jennifer O'Connor Kenny Victoria Colleen Davies**

Andrea Glasgow Danny Miller Dr. Elizabeth Rickerson Sarabeth Smith John and Abigail Wagner **Sue and Dick Hu lim Stevenson Virginia Krivos Barbara Fetterhoff Mary Ellen Elwell Maddie Olson Theresa Eble Bob Elperman Phyllis Duff Bob Tovar** Jean Agar **Donna Clark** Sue Ellen **Ron Gates James Hall Rose Long Susie Wheely Judi** Jones **Tim & Anna Mae Chelednik Marie Joan Torvik Matthew Scott Jacob Blake and Family Jim and Anita Shepherd Thad Shepherd Family**

Kerry White Virginia Binger Abby Renchan Maryellen Kalivoda Wendy Clowser **Cathy Prusia Tom and Lil Lauterbach Judy Windham Judy Seymour** Pat Oliff **Vivian Kilsheimer Paul Miller Richie Peake Deborah Hanfman** Sally Ray **Rob Miska Brenda Hollweger Ryland Osborne Dottie Swan Nancy Zinn Josh Bowen Megan Lewis Susan Mattingly Richard Mattingly** John Darling Leanne Lyle **Joanne Kotterwas Destiny Banks Chris Banks**

DECEASED

Richard Jakubowski, Jr. Lori Shepherd Chris Bowen Rob Hendershot Mark Costanza Flourine Johnson Dave Widman

Middleham and St. Peter's Episcopal Parish



Middleham and Saint Peter's EPISCOPAL PARISH The Caring Network

PRAYER LIST FOR FRIENDS AND FAMILY IN THE MILITARY

Chris Parkinson Joshua Kellerward James Butler Michael Taxiera Matthew Blackwelder Ryan Dement Lisa Tomlinson **Brandon Marshall RJ Brinegar Jared Goff Trey Fisher Joseph Entzian Isiah Jefferson David Schul Austin Cole Thomas Parks** Wendy L. Love **David Thomas**

Bruce Ussery Adam Smith Calvin Davies laret Dement **David Tonacci David Townsend Renaldo Ramirez Michael Ursic Miles Manchester TJ Dillon Mason Garland Andrew Terhark Karl Townsend Travis Park Austin Libby Garrett Libby** Alex Simmons **Chelsea Whealton**



IF YOU ARE NOT READY TO COME TO THE ONSITE OUTSIDE SERVICE, TUNE IN TO THE LIVE STREAMING HOLY EUCHARIST SERVICE @ 8:30 AM FROM HOME ON OUR FACEBOOK PAGE.

Middleham and St. Peter's FaceBook Page

https://www.facebook.com/middlehamandstpeters/

Middleham and St. Peter's YouTube Channel

https://www.youtube.com/channel/UCkgSo1YCBue01RuEWhH974g/



There is an offering on Sunday Mornings Prayer Online worship

opportunity hosted by Rev. Greg Syler. Log-on or call in to our ZOOM online Morning Prayer by or before 10 am Sunday morning.

https://zoom.us/j/814070929 (Meeting ID: 814 070 929)

or call 301-715-8592 (Meeting ID 814 070 929).



SAFETY RULES FOR MIDDLEHAM & ST. PETER'S OUTSIDE CHURCH SERVICE

In order for us to do this service safely, several stipulations need to be followed based on directives from Governor Hogan, the Calvert County Health Department, and Bishop Sutton. These are as follows:

- 1. Masks are required for everyone not sitting in their cars
- 2. There will be ushers directing seating and parking options.
- 3. If communion (wafers only administered by tongs) is offered it will be done safely.
- 4. Singing will be limited to Beth Lanier at the keyboard. Humming is an option as on-site participants are encouraged to actively follow the words. Participants in their cars or at home are encouraged to sing joyfully out loud
- 5. No coffee hour / food / drink will be offered.
- Fellowship / small group gathering will be at the discretion of participants maintaining social distancing after the service
- 7. The Parish Hall will not be open to the general population
- Bathrooms are available upon request but must be sanitized by the user with cleaning supplies provided prior to exiting
- Paper copies of the service bulletin are available at the service, or you may access it online with your cell phone, tablet, etc.
- 10.A Covenant for Re-Gathering from the Diocese is available and should be read prior to Re-Gathering.
- Non-contact temperature taking measures will be administered to onsite participants.



The **Caring Network** is continuing to call parishioners on a weekly basis. If you are not receiving a phone call, please contact Diane Davies. 410-326-0370 <u>daviesd@comcast.net</u>

If you or someone you know should be on our prayer list please send it to <u>office@middlehamandstpeters.org</u> or <u>daviesd@comcast.net</u>

If you are having trouble accessing or logging on to view online worship opportunities, logging into zoom etc., please let us know and we will help you. Call Jim Yoe - 443-975-6797

If you have any questions, concerns or pastoral needs, please let us know. Thank you for your patience and stay healthy!

Joan Shisler

Senior Warden 410-474-4849 jrbstiger@comcast.net

Jim Yoe Junior Warden 443-975-6797 jmyoe@comcast.net The Reverend Nathan A. Beall Rector 301-704-2320 <u>fr.nathan.beall@middlehamandstpeters.org</u>

Anne Gross 410-610-2706 grossanne@comcast.net office@middlehamandstpeters.org





Please remember during this time when Sunday

worship at our locations is not possible, that you can mail in your weekly pledge if convenient.

Middleham and St. Peter's Parish P.O. Box 277 Lusby, MD 20657

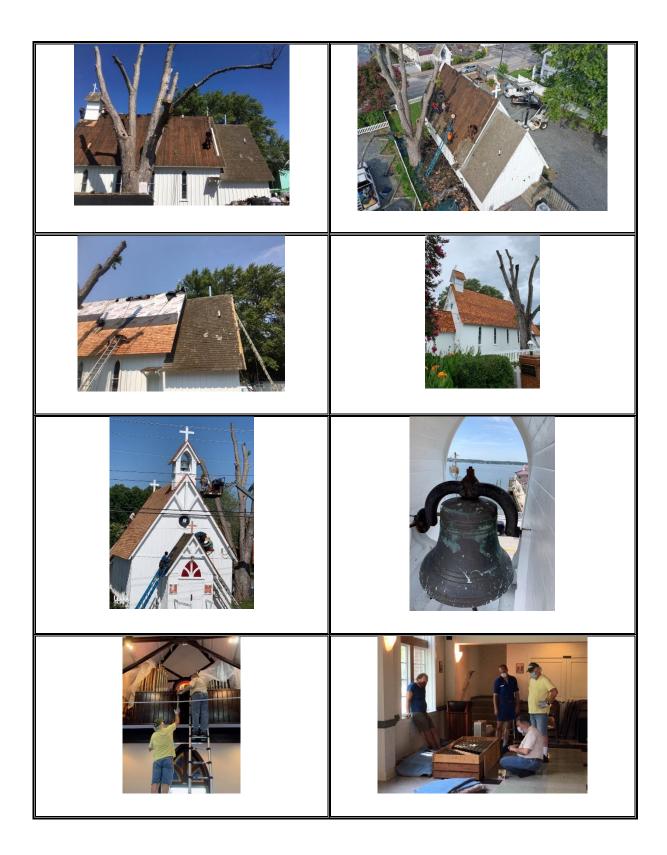


Also we have our online giving option through Vanco.

Middleham and St. Peter's Online Giving Option Steps

http://www.middlehamandstpeters.org/giving/givingonline/

St. Peter's Chapel Update



2020 Big Conversation of Southern MD

Many Wounds to Heal: Health Care (In)Equity -How Does It Affect Me?



Sunday, September 13, 2020 2 - 5 pm Online You Must Pre-register: <u>https://bit.ly/BigConversation91320</u>

Expert panel will address historical inequities in Southern MD healthcare, implicit bias in healthcare delivery, systemic and environmental impact on health outcomes, and lack of trust in healthcare. Panelists include:

Dr. Meenakshi Brewster – Public Health Officer – St. Mary's County

Shellnice M. Hudson, RN – Director of Quality Assurance, Charlotte Hall Veterans Home

Dr. Laurence Polsky – Public Health Officer – Calvert County

Cheri C. Wilson - Johns Hopkins Center for Health Disparities Solutions

Malcolm Funn – Calvert NAACP

Moderator: Lauretta Grier - Concerned Black Women of Calvert Co.

Followed by small group discussions online

More information: email - <u>bigconmsp@gmail.com</u> or website- dismantleracism.org



Brought to you by Middleham and St.Peter's Parish with **The Big Conversation Partnership for Dismantling Racism in Southern MD** including: All Saints Episcopal Church, Calvert County Public Schools, CalvertHealth, Calvert Interfaith Council, Community Mediation Centers of Calvert, Charles and St. Mary's Counties, Public Libraries of Calvert, Charles, and St. Mary's Counties, College of Southern Maryland, The NAACP Branches of Calvert, Charles and St. Mary's Counties, Concerned Black Women of Calvert Co, Emmanuel SDA Church – St. Leonard, Patuxent Friends (Quaker) Meeting, St. Mary's Co. Public Schools, and the Remnant Center of Excellence, Inc.



This project was made possible in part by the Maryland Humanities, through support from the National Endowment for the Humanities, the Maryland Historical Trust in the Maryland Department of Planning, and the Maryland Department of labor. Any view, finding, conclusions, or recommendations expressed here do not necessarily represent those of the National Endowment for the Humanities, Maryland Humanities, Maryland Historical Trust, Maryland Department of Planning, or the Maryland Department of Labor.

Cemetery Rate Change and Special offer

For the first time in five years the cemetery plots and columbarium niche costs will be increased. The current rates will continue until November 30, 2020 at which time cemetery plots will increase by \$200 to \$1400 for members and \$2200 for non-members. Columbarium niches will increase by \$200 as well, to \$1400 for a single niche and \$1700 for a double niche. So take advantage of the current rate during this three month period. Contact me with questions at <u>daviesh@comcast.net</u>.

Hugh Davies Cemetery Committee.

<u>Cemetery plot</u> for MSP members and relatives of members: Special offer period cost for a plot \$1200 (two urns \$1500) As of December 1, 2020 For non-members Current cost until Dec 1 per plot \$2,000 (two urns \$2300) As of December 1, 2020 cost increases to \$2,200 (two urns \$2500)

Columbarium

Initial offer period – September – November 2020
Single urn niche - \$1200
Double urn niche - \$1500
After the three month offer period
Single urn niche - \$1400
Double urn niche - \$1700
Prices include the standard urn and bronze plaque



Excellent CEEP Webinar Opportunities

Middleham and St. Peter's is a member of the Consortium of Endowed Episcopal Parishes (CEEP), which is a national organization that provides training and education for Episcopal and other churches. During the period of the pandemic, they have offered excellent webinar programs that may be of interest to many of you. Try one or more that interest you! Current offerings include:

Subject: Endowments and Finance

'Sustainability' Investing Data: What is it, how reliable is it, and how can we use it to make decisions today?

Monday, September 14 3:00pm EDT

Join our investment experts as we discuss the types of socially responsible and sustainable investment data available to investors. We will review historic and currently available information.

We will review how investors can <u>objectively</u> determine how "sustainable" a company actually is so that they can make informed decisions in portfolios. We will discuss the following questions:

- What ESG data sources can investors use to make decisions about their portfolios, and how have those sources evolved over time?
- How can investors evaluate topics such as greenhouse gas emissions, land use, biodiversity, water management, and palm oil?
- How should investors view Corporate Governance as an integrated part of their ESG approach?

Panelists Include:

- Damian Dormer Portfolio Manager, Dimensional Fund Advisors; Austin, Texas
- Sarah Ponder Regional Director, CFP, Dimensional Fund Advisors; Austin, Texas
- Tom Post Principal, CFP®, Diversified Portfolios; Bloomfield Hills, Michigan

Please register here: <u>https://www.eventbrite.com/e/118163091989</u>

Subject: Communications Post-Emergency COVID Communications: How Episcopal Churches Can Adapt, Engage, and Thrive

Wednesday, September 16 3:00pm EDT

Amidst reduced in-person attendance at services, Episcopal churches must adapt and employ creative communication strategies to maintain their parish communities and avoid further economic hardships. CCS will share research from over 1,500 Episcopal parishes in the Mid-Atlantic and South regions to provide a sampling of the digital landscape and highlight dioceses that have successfully adapted to the crisis. The congregations who embrace alternative forms of communication and increase their digital footprints will weather the storm of COVID-19 and sustain impactful, long-term benefits.

Learning Objectives:

- Learn concepts to assist in planning for upcoming annual giving/stewardship campaigns
- Enable stronger engagement and communication with the parish community
- Identify areas of opportunity for new digital capabilities within your parish's means
- Provide examples where parishes deepened the personal connections with members
- Encourage innovative strategies to maintain and grow your parish community

Panelists Include:

- Luke Driscoll Managing Director, CCS Fundraising; Washington, District of Columbia
- Win Lewis Rector, Christ and St. Luke's Episcopal Church; Norfolk, Virginia

Please register here: https://www.eventbrite.com/e/114987791580

Subject: Racial Equity Presented by CARAVAN Arts and the CEEP Network The Power of Art to Address Racial Inequality and Promote Inclusion

Wednesday, September 23 3:00pm EDT

The COVID-19 pandemic has unmasked and amplified longstanding racial discrimination, and also sparked another epidemic of growing hate speech, misinformation, and stereotyping, including an alarming rise in antisemitism and anti-Muslim sentiment. The church finds itself standing at a defining moment in history. In the midst of today's widening divides of discord, our day calls for creative demonstrations of dialogue and bridge-building. For as long as conflict has torn the human family, art has allowed us to see similarity within difference, offering a mode of reconciliation. It is in this climate that the arts can serve as one of the most effective mediums to enhance understanding, bring about respect, enable sharing, and deepen friendships between diverse peoples, cultures and faiths. As natural change agents, artists can help us by providing new pathways of understanding that transcend borders and how one sees the "other."

For our discussion we have assembled a diverse panel of some premier contemporary artists to look at how art can serve as a catalyst toward creating cultures of harmony, peace, justice and healing.

Join us for this free webinar as we address how art can bring our communities together to realize a racially equal society and a better future for all.

Panelists Include:

• Alia Ali - Yemeni-Bosnian-American multi-media artist and activist; Los Angeles, California

• **Paul-Gordon Chandler** - Founding President, CARAVAN Arts, Episcopal priest, Rector, Anglican Church; Doha, Qatar

• Jerome Meadows - Celebrated artist and sculptor known for his large-scale public art projects focused on African American history and civil rights; Savannah, Georgia

• Helen Zughaib - Internationally renowned Arab-American artist; Washington, District of Columbia

Please register here: <u>https://www.eventbrite.com/e/115374624608</u>

Subject: Racial Equity Thursday, September 24

3:00 pm EDT

White Men Confessing: A Reckoning on Racism in the Church

Description:

Parishes that are predominately white have a particular responsibility to dismantle racism in their communities. Often lurking under the surface, this pernicious "demon" is being exorcised anew often among parish leadership. How might white men, specifically, become models of contrition and transformation within communities resistant to change? What are the costs of doing this challenging work? And what strategies can be employed to unlock new possibilities?

In a conversation moderated by Ron Byrd, the Episcopal Church's Missioner for Black Ministries, a group of white male clergy share their journeys of self-awareness, confession, and action within their contexts to move towards God's vision that all are one in Christ.

CEEP Network is organizing a separate conversation with white women clergy, recognizing that the intersection of race and gender means different questions and challenges will come up in that context.

Panelists Include:

- Christian Anderson Rector, St. Mary's Parish; Stuart, Florida
- Ronald Byrd Missioner for Black Ministries, The Episcopal Church; Williamston, Michigan (*Moderator*)
- Ryan Fleenor Rector, St. Luke's; Darrien, Connecticut
- Mike Kinman Rector, All Saints; Pasadena, California
- Michael Sniffen Dean, Cathedral of the Incarnation; Garden City, New York

Please register here: <u>https://www.eventbrite.com/e/118158468159</u>

Subject: COVID-19 and the Church's Response What Now? A Follow-up Conversation on COVID-19 Wednesday, September 30 3:00 pm EDT

Join us as church leaders from across the country and a leading public health authority gather again for a conversation about COVID-19. Our panel of rectors will discuss the impact of the pandemic on their parishes and communities, while our public health expert provides insights into what we might expect as we move into fall.

As the program year begins, our clergy leaders will share how their parishes are adapting and planning for the next few months. We will explore how we foster resilience in our congregations and communities – and, how we will use this moment to pivot to a future that has arrived far sooner than we anticipated.

Panelists Include:

- Eleanor Bergquist Former Epidemiology Manager, Saint Louis Department of Public Health, adjunct faculty member, Washington University; Saint Louis, Washington
- Doyt Conn Rector, Epiphany Episcopal Church; Seattle, Washington
- Matt Heyd Rector, Church of the Heavenly Rest in New York; New York, New York (Moderator)
- Russell Levenson Rector, St Martin's Episcopal Church; Houston, Texas
- Noelle York-Simmons Rector, Historic Christ Church; Alexandria, Virginia

Please register here: https://www.eventbrite.com/e/118157126145

To participate in any of these, just go to the website below and sign up! <u>https://www.ceepnetwork.org/upcoming-webinars/</u>



All service and other offerings are now located on the website Homepage and in the Calendar with links.





SUNDAY STREAMING WORSHIP @ 11:00 AM SERVICE FROM THE CATHEDRAL OF THE INCARNATION,	EPISCOPAL DIOCESE OF WASHINGTON
BALTIMORE. LIVE STREAMED from the Cathedral of the Incarnation	ONLINE SERVICES AT THE NATIONAL CATHEDRAL
https://marylandepiscopalian.org/2020/03/18/episcopal- diocese-of-maryland-livestreamed-worship/	https://www.facebook.com/WNCathedral/

Episcopal Diocese of Maryland At Cathedral of the Incarnation

Every Tuesday Live on Facebook Noon Day Prayer

https://www.facebook.com/EpiscopalMaryland/

CHRISTIAN FORMATION It's finally that time of year!



Sunday School will return to in person meeting on September 13th. This year there will only be two classes for the school aged children, elementary and middle school/high school. Parents of children that were previously enrolled should have already received a registration form, along with a questionnaire. We are looking forward to finally getting to see everyone, and we are ensuring that this will be done in the safest way possible. The classes will meet in the parish hall, however, if the weather allows the classes will be moved outside (so

please dress for the weather). This year we will also be running a confirmation class, which will run Sunday evenings at 7pm. All of these classes are subject to change as the world around us continues to change, and there will always be a virtual option available to anyone who does not feel comfortable returning to in-person activities.

New for this year, we are looking forward to adding some more adult offerings. There are three particular courses/activities that we would love to get your thoughts on. The first would be a basic bible school course, but for adults. For those who may have never had the opportunity to grow up hearing bible stories, or for those who want to know the basics, but just haven't found the place to start. The second is a course on the Episcopal Church, this is letting everyone into the "play book" of how things happen, why they happen, and maybe answering all those questions that have just been hanging in the air. The third is Thirsty Theology, getting together, and discussing life. Much like all of the programs that are running, all of these will have a virtual option. Until there is a more definitive answer on the size of any of these groups, there is not an answer as to whether there will be an in-person option. As soon as those details are finalized, they will be put out in the weekly.

If you ever have any questions, or you would like to hear more about any of the information above, you can reach me at 443-624-6959.

Anne Hayes, Youth Ministry

Middleham and St. Peter's Sunday School Registration

Name (s) of Participants:
Parent/Guardian(s):
Email Address:
Phone Number:
Check One:
Elementary Sunday School Middle/High Sunday School
Confirmation Adult Sunday School
If you would like to help, or have a talent that you would like to offer, please write it
below. Also, any questions comments or concerns. Please email this form back to
mspyouthleader@middlehamandstpeters.org, and call Anne Hayes (443.624.6959)
for any additional information.

SUNDAY SCHOOL REGISTRATION FORM 2020 – 2021



All baptized Christians are called to be active participants in the church's ministry. This fundamental ministry is the exercise of continuing the ministry of Jesus.

EfM provides a four-year curriculum that develops a theologically informed, reflective, and articulate laity who are prepared to listen and respond to God's call. We meet September through May (Thursdays 7-9 PM) on Zoom. We hope to get back into the Middleham/St. Peter's Episcopal Church Parish Hall in Lusby, but Zoom meetings are preferred for now. The group consists of 6-12 members. You do not have to commit to the entire 4 years consecutively. The yearly fee of \$375 includes all books and materials for the year. Scholarships are may be available.

For more information and to register, please contact Bill Miller at **mailto:billm1@comcast.net**.

Bill Miller, Certified EfM Mentor



Coffee and Conversation at Asbury

Come Join Us! By Zoom on Friday SEPTEMBER 18TH at 10:00 am

We will send you the study materials and zoom instructions the week before the meeting. Program leaders Dr. Charles Bennett, Claude Martin and Hugh Davies want you to know that, while our program has a foundation of Bible study (the Reading Between the Lines curriculum), our focus is on the discussion.

Call Hugh if you have questions at 410-326-0370.

daviesh@comcast.net

Hugh Davies, Charles Bennett and Claude Martin

PARISH HEALTH



And how are we going to do this???

Let me explain- As you all know we struggle sometimes to figure out how we are going to do things *Safely* or *Within Guidelines*. These things we used to do without another thought. Well, it is no longer that way. Now we research, listen and heed, for no one wants Covid-19.

So- for 10 years, in September, the Parish Health team, along with many organizations, have had a Health Fair in our hall and parking lot. We have had many successes by finding blocked arteries, early signs of skin Cancer, high Cholesterol and Blood Pressure, given Narcan training and many more successes. But now we have a pandemic- how are we going to do this?

The Seedco company- who manages the health care system in Maryland- wants to do the Health Fair. So, we had to come up with a plan, and we have. Due to successes with this



plan in other areas of Maryland, we will have a **"Drive Thru Health and Resource Fair" on September 19 from 10AM-1PM.** With this, cars will drive around the parking areas to get info from the specialists on: Anxiety, especially as parents who tackle virtual learning for their children as well as themselves; Holistic Wellness; Hospice; Counseling services and many more. Of course, Seedco will make appointments to make sure all are signed up with health insurance and our *Community Life Center* will be providing **FREE** flu shots for all who wish to have them. This is especially important this fall so that we don't get the Flu <u>and</u> Covid-19. Once there is a vaccine for that as well, we will try to provide that for free also. Each vendor will have their own tent and a table with

their own personal protective equipment (PPE), resources and information. Please spread the word-We hope all will try to come! Look for more info coming out soon! *Dale Yoe, Parish Nurse*

FREE ADMISSION!! Calvert County Health & Resource Fair

DRIVE THRU EVENT



PLEASE CONTACT LISA EASTER 1-855-339-3007 OR LEASTER@SEEDCO.ORG

Made with Po Masks and Social Distancing Required



Fresh Conversations offers the opportunity to help you maintain your health and independence. Adults who are 50 years and older can join us for our online conversations to learn from each other, discuss current nutrition and health topics, and discover new ways to be active.

FREE Online Event!

This will be an 8-part series with <u>two sessions each month</u> beginning in September and ending in December. To register for each session, use their respective link indicated below.

> September 8, 2020, 12-1 pm Topic: Sugar: Sinfully Sweet Register for this session here: <u>https://go.umd.edu/Sugar</u>

September 22, 2020, 12-1 pm Topic: Should You Worry About Vitamin D Deficiency? Register for this session here: <u>https://go.umd.edu/VitD</u>

October 6, 2020, 12-1 pm Topic: Dairy Case Dilemma: Is It Really Milk? Register for this session here: <u>https://go.umd.edu/DairyDilemma</u>

October 20, 2020, 12-1 pm Topic: Ancient Grains Make a Comeback Register for this session here: <u>https://go.umd.edu/AncientGrains</u>

November 3, 2020, 12-1 pm Topic: Go with Your Gut Bacteria Register for this session here: <u>https://go.umd.edu/GutBacteria</u>

November 17, 2020, 12-1 pm Topic: Heart Healthy Fat Facts Register for this session here: https://go.umd.edu/HeartHealthyFats

December 1, 2020, 12-1 pm Topic: Lower Your Stroke Risk Register for this session here: <u>https://go.umd.edu/LowerStrokeRisk</u>

December 15, 2020, 12-1 pm Topic: Eating Out and Eating Healthy Got Easier Register for this session here: <u>https://go.umd.edu/EOEH</u>

If you need a reasonable accommodation to participate in any event or activity, please contact Erin Jewell 14 days before the class(es) you registered for: erinj@umd.edu or 443-432-5140

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JOIN US ONLINE FOR THIS TIMELY CONVERSATION!





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Middleham and St. Peter's Parish Picnic Shelter Concrete Floor Eagle Scout Project

By Paul Schmidt, 14 August 2020

My name is Paul Schmidt, I am 17 years old and I am a Life Scout with Troop 1684 chartered by Middleham and St. Peter's Episcopal Church. As a Life Scout pursuing the highest rank of Eagle Scout, one of the requirements I had to accomplish was to plan, develop, and give leadership to others in a service project that would be helpful to my community, a religious institution, or a school. I chose to focus my project on our Troop sponsor parish, as they have done so much for our Troop, thus I chose to support the needs of Middleham and St. Peter's Episcopal Church. Last year my friend, and now Eagle Scout, Cody Gronda, built a picnic shelter for the church as his Eagle Scout project. To further enhance that project and make it accessible for people that need a level and safe floor, I chose to add a concrete pad to the picnic shelter. I believed that it would provide a smooth, safe, and more enjoyable space for the church and parishioners.



When first planning my project I took measurements and then placed flags to help decide what size and layout would best suit the needs of the church. I developed a project proposal and presented it for approval to my Unit Leader, and Committee Chair. After I received troop approval I then presented my plan to Mr. Jim Yoe as representative for the church and as the beneficiary of my proposed project. Mr. Yoe signed off on my proposal on 2 February 2020.

I still had one final hurdle to cross before I could start my project. I had to schedule a meeting with Mr. Essex of the Western Shores District. I met with him at the church conference room on 23 February so that he could review my proposal. He made sure that I understood the scope of the project. He also offered many ideas on things I needed to add to my proposed project in order to ensure that I was working toward a successful outcome.



In the following weeks I worked to secure the building permit and material donations. 84 Lumber, and Chaney Enterprises provided almost everything I needed. The few things that I was unable to acquire from them, my parents Terry and Adrianne Schmidt purchased for me from Lowe's.

I was happy that everything was moving forward in a good way, but then, The Covid 19 pandemic came to introduce chaos us all. It brought my project to a standstill, for what felt like forever. Not knowing what type of activities was allowed by the Boy Scouts, and by the church things were delayed for several weeks. Finally we were able to move forward with the project on June 27th.



We met on June 27th and began to level the area by tilling the soil, and then using shovels and rakes we were able to easily move the dirt to the low spots. Once we had achieved getting things nice and level we began building the frame and to install the rebar mesh.













I worked with Chaney Enterprises to schedule delivery of the concrete on July 24th. Everyone worked very hard, and in the end the concrete floor turned very nice.



My project passed final county inspection on 27 July 2020. This was a rewarding project that had its share of challenges, but in the end one that I can be proud of being a part of. It will be around for a very long time. I could not have done it without the support of Troop 1684, scouts and adult leaders. I especially want to thank Mr. Mac and his brother Mr. Shawn, and also Mr. Harless. Their knowledge of building the frame and pouring the concrete was an amazing support to me being able to complete this project.



FOOD DISTRIBUTION TUESDAY AUGUST 18TH

The following are stats from the food drop which was heaviest, largest to date.

261 families served composed of 1,100 individuals [594 children, 373 adults, 133 seniors]. MD Food Bank provided 15,500 lbs of food which included 14,000 lbs CFAP produce boxes and an additional 1,500 lbs of canned beverages and assorted chips.

Volunteers came from Middleham & St Peters, SouthPoint, 7th Day Adventist, Calvary Bible, and other local churches.

For information contact: Mark Pesola - mark pesola@hotmail.com





Fresh from MSP Community Garden

Food Drop Delivery Driver Opportunity- Safely Help Others



We need volunteers to deliver Food provided by Maryland Food Bank to recipient homes. No-contact food pick-up at church, food is dropped off outside of recipient homes to avoid contact, routes include up to 5 closely grouped addresses in SMILE service area. If interested and would like more detail or are ready to sign up as a driver.

For safety and coordination efforts please contact Mark Pesola in order to volunteer, do not arrive without checking in first, thank you.

Please contact Mark Pesola at <u>mark_pesola@hotmail.com</u> OR 410-610-8495

HeartFELT

Calvert County Public Schools Update Grab n' Go meal program on Wednesdays

As we begin the new school year, Calvert County Public Schools will continue to offer its Grab n' Go meal program on Wednesdays from 11:00-12:00 at four sites (WHMS, CHS, SMS, PHS). Advance registration is required to participate in this program. **Registration must be completed by noon on September 1 to pick up meals on September 2.** Even those families who participated over the summer will need to register again. Please note this program is only open to currently enrolled CCPS students. Students do not need to be present for parent/guardian pick-up; however, they must be registered for the Grab 'n Go program.

Students eligible for free or reduced-price meal benefits will receive meal kits at no cost.

Students not eligible for meal benefits will be charged regular meal prices. A week's worth of breakfast and lunch meals will be available as a kit for \$21.50 (elementary students) or \$22.25 (secondary students). Individual meals may also be purchased upon request.

To Register:

- 1. Please call 443.550.8680, 443.550.8683 or 443.550.8684 anytime between 7:00 a.m. and 3:00 p.m., Monday through Friday.
- **2.** Be prepared to provide the name and ID number for each CCPS student who will be participating.

Elizabeth Broadus, MSP Coordinator for HEARTFELT



http://www.middlehamandstpeters.org/resources/



TUESDAY SEPTEMBER 15TH

Thanks so much, Karen Timmons, Communications

communications@middlehamandstpeters.org







SEPTEMBER BIRTHDAYS

SEPTEMBER ANNIVERSARIES

09/03
09/05
09/07
09/07
09/10
09/13
09/16
09/18
09/20
09/22
09/23
09/26
09/30
09/30

Skip & Carolyn Steiner	09/03
David Deaderick & Nancy Bupp	09/03
Hugh & Diane Davies	09/05
Mark & Melissa Converse	09/12
Bob & Julia Luckritz	09/24
Tom & Jane Surles	09/11
Bill & Nancy Favor	09/20
Dick & Rosemary Staley	09/20
Tom & Joan Hogenson	09/27

Birthdays and Anniversaries

Each month birthdays and anniversaries of parishioners are listed in the Connector. But our records are not perfect. Even some very longstanding parishioners are not listed. Have you seen your date(s) listed? If not or if you are not sure, please call the office (410-326-4948) to check. We want everyone included!